FORM NO. MGT-7

Form language

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]

(vi) *Whether shares listed on recognized Stock Exchange(s)



Annual Return

(other than OPCs and Small Companies)

* Corporate Identification Number	(CIN) of the company	U24299I	HP2020PTC008008 Pre	e-fill
Global Location Number (GLN)	of the company			
* Permanent Account Number (P.	AN) of the company	AAICT00	066C	
) (a) Name of the company		TIRUPAT	ΓΙ WELLNESS PRIVATE L	
(b) Registered office address				
Himachal Pradesh 173025				
(c) *e-mail ID of the company		MA****	:*******C	
) code	MA****		
(c) *e-mail ID of the company) code	88*****		
(c) *e-mail ID of the company (d) *Telephone number with STE) code	88*****	upatigroup.co.in	
(c) *e-mail ID of the company (d) *Telephone number with STE (e) Website	Category of the Company	88****** www.tir	upatigroup.co.in	y

Yes

No

(vii) *Fina	ancial year Fro	om date 01/04/	2023	(DD/MM/Y	YYY) To	o date	31/03/2024	(DD/M	M/YYYY)
(viii) *Wh	ether Annual	general meeting	(AGM) held		Yes	\bigcirc	No		
(a) l	f yes, date of	AGM (30/09/2024						
(b) [Due date of A	GM (30/09/2024						
(c) V	Vhether any e	extension for AG	M granted		O Y	'es	No		
II. PRIN	ICIPAL BU	SINESS ACT	IVITIES OF T	HE COMI	PANY				
		iness activities	1						
S.No	Main Activity group code	Description of N	/lain Activity groเ	Activity Code	s Desc	cription	of Business Activ	ity	% of turnover of the company
1	С	Manu	facturing	C1	Fo	od, beve	erages and tobacco	o products	100
(INCI	LUDING JO	OINT VENTUR	•		ASSOC		COMPANIES		
S.No	Name of t	he company	CIN / FC	RN	Holding		diary/Associate/ /enture	% of sh	nares held
1	TIRUPATI ME	DICARE LIMITED	U24233DL2005	PLC139667		Hol	ding		99
IV. SHA	RE CAPITA	AL, DEBENT	URES AND O	THER SE	CURIT	IES O	F THE COMP	ANY	

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	58,000,000	57,401,200	57,401,200	57,401,200
Total amount of equity shares (in Rupees)	580,000,000	574,012,000	574,012,000	574,012,000

Number of classes

Class of Shares	Authoricod	Issued capital	Subscribed	Daid was assital	
EQUITY SHARES	capital	Capital	capital	Paid up capital	
Number of equity shares	58,000,000	57,401,200	57,401,200	57,401,200	

Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	580,000,000	574,012,000	574,012,000	574,012,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

0
0

	A 41 ! I	ICabilai	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)	0	0		

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Nu	ımber of sh	ares	Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	0	57,401,200	57401200	574,012,000	574,012,00	
Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0

viii. Conversion of Debentures						
	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	0	57,401,200	57401200	574,012,000	574,012,00	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
Decrease during the year	0	0	0	0	0	0
. Redemption of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	0	0	0	0	0	
SIN of the equity shares of the company			•			

(ii) Details of stock split/consolidation during the year (for each class of shares)

Page 4 of 15

Before split /	Number of shares							
Consolidation	Face value per share							
After split /	Number of shares							
Consolidation	Face value per share							
			I			I		
	es/Debentures Trans t any time since the i					ıncial y	ear (or in the	case
⊠ Nil	-	-						
	vided in a CD/Digital Media	a]	\circ	Yes	O No	0	Not Applicable	
Separate sheet att	ached for details of transf	ers	\circ	Yes	O No			
Note: In case list of trans Media may be shown.	sfer exceeds 10, option for	r submission a	as a separa	te sheet	attachmer	it or subn	nission in a CD/E	igital
Date of the previous	s annual general meetinզ	g						
Date of registration	of transfer (Date Month	Year)						
Type of transfe	er	1 - Equity,	2- Prefere	nce Sh	ares,3 - D	ebenture	es, 4 - Stock	
Number of Shares/ Units Transferred	Debentures/		Amount Debentu					
Ledger Folio of Trar	nsferor							
Transferor's Name								
	Surname		middle	name			first name	
Ledger Folio of Trar	nsferee	-						

(i)

(ii)

(iii)

Class of shares

Transferee's Name					
	Surname			middle name	first name
Date of registration o	f transfer (Dat	e Month Year)			
Type of transfer 1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock					Debentures, 4 - Stock
Number of Shares/ Debentures/ Units Transferred			Amount per Share/ Debenture/Unit (in Rs.)		
Ledger Folio of Trans	sferor				
Transferor's Name	ame				
	Surna	me	middle name		first name
Ledger Folio of Transferee					
Transferee's Name	me				
	Surna	me		middle name	first name

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year	_	Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

()	, , , , , , , , , , , , , , , , , , , ,							
Type of Securities	Number of Securities	Nominal Value of each Unit	Total Nominal Value	Paid up Value of each Unit	Total Paid up Value			
Total								

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

3,853,908,990

0

(ii) Net worth of the Company

964,405,849

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equi	Equity		ence
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	574,012	1	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	

6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	56,827,188	99	0	
10.	Others	0	0	0	
	Total	57,401,200	100	0	0

Total number of shareholders (promoters)

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equ	ity	Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	0	0	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	

	Total	0	0	0	0	
Total number of shareholders (other than promoters) 0						
	ber of shareholders (Promoters+Public n promoters)	c / 5				

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	5	5
Members (other than promoters)	0	0
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category	Number of directors at the beginning of the year		Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	0	2	0	2	0	0.5
B. Non-Promoter	0	3	0	4	0	0
(i) Non-Independent	0	1	0	2	0	0
(ii) Independent	0	2	0	2	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0
(v) Others	0	0	0	0	0	0
Total	0	5	0	6	0	0.5

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
Mr. Ashok Goyal	00230597	Director	143,503	
Mr. Arun Goyal	00056340	Director	143,503	
Mr. Deepak Goyal	03351110	Whole-time directo	0	
Mr. Manjeet Kumar	10195463	Director	0	
Mr. Yashvir Kumar Guր	07154803	Director	0	
Mrs. Asha Aggarwal	09547170	Director	0	
Mr. Sunil Sharma	BTOPS3508P	CFO	0	
Ms. Shivali Aggarwal	DZOPA5538K	Company Secretar	0	22/08/2024

(ii) Particulars of change in director(s) and Key managerial personnel during the year

Name	DIN/PAN	inaginning / dilring tha		Nature of change (Appointment/ Change in designation/ Cessation)
Mrs. Asha Aggarwal	09547170	Additional director	26/09/2023	Change in Designation - Regu
Mr. Yashvir Kumar G	07154803	Additional director	26/09/2023	Change in Designation - Regu
Mr. Lokesh Dutt Sha	05265828	Director	26/09/2023	Cessation
Mr. Manjeet Kumar	10195463	Director	27/09/2023	Appointment

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance			
		· ·		% of total shareholding		
Annual General Meeting	26/09/2023	5	3	99.5		
Extra-Ordinary General Mee	29/11/2023	5	3	99.5		

B. BOARD MEETINGS

Number of meetings held

4

*Number of meetings held

10

S. No.	Date of meeting	Total Number of directors associated as on the date			
		of meeting	Number of directors attended	% of attendance	
1	26/04/2023	6	2	33.33	
2	05/06/2023	6	2	33.33	
3	25/07/2023	6	2	33.33	
4	26/09/2023	6	4	66.67	
5	27/09/2023	6	2	33.33	
6	29/11/2023	6	2	33.33	
7	29/11/2023	6	2	33.33	
8	24/02/2024	6	4	66.67	
9	20/03/2024	6	3	50	
10	28/03/2024	6	2	33.33	

C. COMMITTEE MEETINGS

Number of meetings held

11

S. No.	Type of	meeting Date of meeting		Attendance		
	mocung			Number of members attended	% of attendance	
1	Audit Committe	26/04/2023	3	2	66.67	
2	Audit Committe	25/07/2023	3	2	66.67	
3	Audit Committe	01/09/2023	3	2	66.67	
4	Audit Committe	26/09/2023	3	2	66.67	
5	Audit Committe	29/11/2023	3	2	66.67	
6	Audit Committe	20/03/2024	3	2	66.67	
7	Nomination an	30/06/2023	3	2	66.67	
8	Nomination an	26/09/2023	3	2	66.67	
9	Corporate Soc	26/04/2023	3	2	66.67	
10	Corporate Soc	30/06/2023	3	2	66.67	

D. *ATTENDANCE OF DIRECTORS

		Board Meetings			Committee Meetings			Whether attended AGM
S. No.	of the director	Number of Meetings which director was entitled to attend	Number of Meetings attended	% of attendance	Number of Meetings which director was entitled to attend	Number of Meetings attended	% of attendance	30/09/2024 (Y/N/NA)
1	Mr. Ashok Goy	10	10	100	5	5	100	Yes
2	Mr. Arun Goya	10	10	100	9	9	100	Yes
3	Mr. Deepak G	10	1	10	0	0	0	No
4	Mr. Manjeet K	6	1	16.67	0	0	0	No
5	Mr. Yashvir Kเ	10	2	20	8	4	50	No
6	Mrs. Asha Ago	10	1	10	11	4	36.36	No

* A. Whether the co	mpany has made	compliances and discl	NCES AND DISCLOSU		○ No
provisions of the	e Companies Act,	2013 during the year		• 163	140
B. If No, give reas	ons/observations				
(II. PENALTY AND P	UNISHMENT - D	ETAILS THEREOF			
A) DETAILS OF PEN	ALTIES / PUNISH	IMENT IMPOSED ON	COMPANY/DIRECTOR	RS /OFFICERS N	Nil
Name of the company/ directors/ officers	Name of the cour concerned Authority	Date of Order	Name of the Act and section under which penalised / punished	Details of penalty/ punishment	Details of appeal (if any) including present status
(B) DETAILS OF CC	DMPOUNDING OF	OFFENCES N	Nil		
Name of the company/ directors/ officers	Name of the cou concerned Authority	rt/ Date of Order	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in Rupees)
XIII. Whether comp	lete list of share	holders, debenture h	olders has been enclo	sed as an attachmei	nt
Ye	es O No				
XIV. COMPLIANCE	OF SUB-SECTION	ON (2) OF SECTION 92	2, IN CASE OF LISTED	COMPANIES	
			are capital of Ten Crore ertifying the annual retur		rnover of Fifty Crore rupees or
Name	M	anali Saklecha			
Whether associat	e or fellow	Associa	ate Fellow		

25985

Certificate of practice number

I/We certify that:

- (a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.
- (b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.
- (c) The company has not, since the date of the closure of the last financial year with reference to which the last return was submitted or in the case of a first return since the date of the incorporation of the company, issued any invitation to the public to subscribe for any securities of the company.
- (d) Where the annual return discloses the fact that the number of members, (except in case of a one person company), of the company exceeds two hundred, the excess consists wholly of persons who under second proviso to clause (ii) of sub-section (68) of section 2 of the Act are not to be included in reckoning the number of two hundred.

Declaration

am Autho										
	orised by the E	Board of Dire	ectors of the con	npany vide resoluti	on no 5		dated 07/05/202	24		
				I the requirements ters incidental there			the rules made the rther declare that:	reunder		
	Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the compan									
2. <i>A</i>	All the required	attachmen	ts have been co	mpletely and legibl	y attached to this	form.				
				of Section 447, se ement and punish			anies Act, 2013 wh ctively.	nich provid		
Γo be dig	itally signed l	ру								
Director			Manjeet Digitally signed Manjeet Kumar Date: 2024:11.1 15:38:09 +05:30	by (3.3.3)						
DIN of the	e director		1*1*5*6*							
To be dig	gitally signed	by	MANALI SAKLECHA Digitally signed by MANALI SAKLECI Date: 2024.11.13 15.44.37 +05'30'	на						
◯ Compa	any Secretary									
Compa	any secretary i	n practice								
Vlembersh	hip number	5*1*7		Certificate of p	oractice number		2*9*5			
,	Attachments						List of attachn	nents		
	1. List of share	holders, de	ebenture holders	\$	Attach		List of Shareholders_TWN.pdf			
	2. Approval let	ter for exter	nsion of AGM;		Attach	Reconci	Iliation Report_TWI	etings_TWN.pdf t_TWN.pdf		
	3. Copy of MG	T-8;	Atta			TWN_M	GT-8 Signed.pdf			

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company

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